



# Community Cancer Link Inc.

## August 2021 Newsletter

PO Box 7074 Gwynneville  
NSW 2500 Email:  
communitycancerlink@gmail.  
com Website:

### Mission Statement

The Community Cancer Link aims to provide support within the Illawarra Region, for patients, their families, relevant health professionals and other related organisations

### Covid Cancellation Corner

Following the confirmed cancellation of we regret to that the Cavalcade Fashion for will not proceed. planning has impossible at this We look forward to events in the future will be both fun to attend and a fund raiser for our members and friends.

### COMMITTEE MEMBERS

President	Lynne Sadd	.....	0409837983
Vice President	Ingrid Vanderburg	.....	0408660671
Secretary	Yvonne Whitesmith	.....	0400117326
Treasurer	Liz Gould	.....	0419251150
Committee	Joy Lever	.....	0439820217
	Chris Munro	.....	0487449431
	Jean Seidemann	.....	0407060842

### CORPORATE SPONSORS



### 2021 Meetings

Next meeting  
22 SEPTEMBER

## FUNDRAISING AND DONATIONS

We are pleased to present the following articles.

### *Tour de Cure*

**Tour de Cure** is a Sydney based charity that raises money to fund cancer research, support and prevention programs. Tour de Cure organises cycling tours, fundraising events and also delivers programs promoting cancer prevention to Australian schools.

Founded in 2007 by Geoff Combes, Samantha Hollier-James and Gary Bertwistle when they met up for a coffee in Sydney. They wanted to make a difference and decided to see what disease affected the most Australians. With 1 in 2 men and women affected by cancer by the age of 85, they decided to focus their efforts on helping to find a cure for cancer.

Geoff, Sam and Gary organised the first Tour De Cure Signature Tour, embarking on a fundraising bike ride from Brisbane to Sydney. With 29 other riders they rode for 10 days travelling 1,175km along the beautiful Australian coastline. **Together they raised \$308,677 for cancer research.**

Tour de Cure raises vital funds to support the researchers, surgeons and clinicians who dedicate their lives to finding a cure for cancer. Through magical, challenging and inspirational events, Tour de Cure raises money to fund the boldest research, the most talented scientists and the ground-breaking projects that they believe will have the biggest impact on cancer.

From humble beginnings in 2007, the Tour de Cure community has grown to become a national movement of thousands of people, walking, running, riding and swimming to raise awareness and inspire support in the fight to cure cancer.

**The generosity of supporters has enabled Tour de Cure to raise over \$70 million, fund over 550 cancer projects, educate 170,000 school children on how to prevent cancer and have contributed to 48 scientific cancer breakthroughs.**

Tour de Cure has dedicated fundraising partners one of which is Woolworths. In 2021 Woolworths Group once again partnered with Tour de Cure and together, raised over \$1.2Million which will go to PanKind, The Australian Pancreatic Cancer Foundation cancer research projects. This event was held from 30 May – 1 June 2021 -three days of riding from Wollongong to Sydney, stopping in Huskisson and Bowral.

**On 30 May at Huskisson Pub Lynne Sadd and Yvonne Whitesmith were presented with a cheque for \$10,000. This grant money was donated for the purpose of purchasing five syringe drivers for Community Health ISLHD. CCL is very grateful for the generosity of Tour de Cure and the changes that the money is able to make in our local community.**



President Lynne and Secretary Yvonne Grateful and happy.

**Thank you Tour de Cure**

### **Literary Lunch with Cindy Davies- Broadbent**

This very successful fundraiser was held at the Steelers Club on 14 May where 130 guests enjoyed listening to a fascinating talk from Cindy followed by a beautiful two course lunch. **\$3742 profit was made on the day and two syringe drivers have been purchased for the Community Health nurses.**

Award-winning author Cindy Broadbent, writing as Cindy Davies, has published her second novel. Her first novel *The Afghan Wife* is a romantic thriller set against the background of the Islamic Revolution in Iran in 1979. Cindy travelled to Iran to research this novel in 2015. She was impressed by the beautiful architecture and friendly people of that country. *The Revolutionary's Cousin*, her second novel follows the same characters as the first book, when they separate and go to the USA and a migrant hostel in Wollongong

Cindy has had a life-long interest in the Middle East having lived in Turkey when she was younger and learned to speak the language. She's been a teacher, free-lance travel writer and tour guide in both Turkey and Sydney.

Cindy Davies married Harvey Broadbent in 1967 and they decided to work as teachers overseas. When job opportunities arose they took the Orient Express to the Black Sea town of Zonguldak, Turkey's coal mining centre. They worked at the Turkish Education Society's Zonguldak Koleji until 1969, when they moved back to

Cindy spoke about the background to her novels including the Silk Route, the road that linked SE Asia to India and Europe; the main language, Dari which is very close to the language of Iran; European style dress of the 1960s and 1970s (some women chose to wear Islamic dress which covered the whole body with a headscarf over the hair); education; the ancient history of Persia and the name change from Persia to Iran in 1935; Persian literature; the modern history of Iran including politics and the importance of oil.

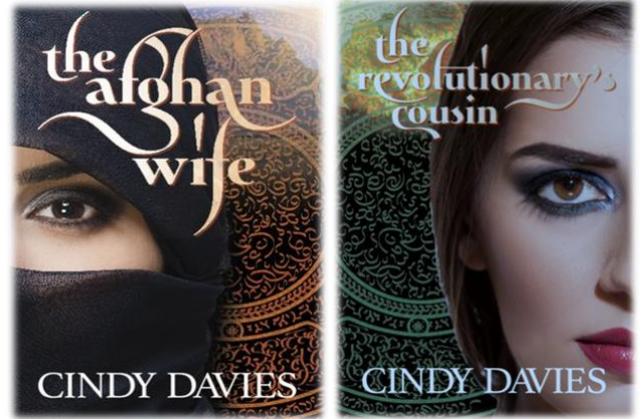
Manchester, England, where they took up school teaching positions. In January 1975 they packed up their three children and emigrated to Australia

Author Cindy Davies





Secretary Yvonne with Cindy at the luncheon



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### *Anne Johnson's Annual Morning Teas*

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Ann Johnson grew up in the Northern suburbs of Wollongong where her four children (two girls and two boys) attended Woonona Public and High schools. Ann had three children close together and then decided to have a fourth child when her eldest children started school.

Ann's family has continued to grow with the addition of fourteen grandchildren and eight great grandchildren. Obviously Ann was a child bride. When Tamara, Ann's third child, discovered a lump in her breast when her son Cooper was twelve months old in 2001, she thought it may have been related to breast feeding. Unfortunately a needle biopsy proved her wrong and Tamara was given the diagnosis of breast cancer. What followed for Tamara was the cycle of chemotherapy, radiotherapy and remission. During this time Tamara kept working at Myer. This period lasted six years until 2007 when Tamara lost her cancer battle.

Tamara's husband Matthew, an Inspector at Wollongong Police Station, later remarried and adopted Oscar, a six year old Aboriginal boy. Cooper has gone on to become a roof tiler.

Tamara and Ann first held a "Biggest Morning Tea" in 2002 at Ann's home as a means of raising money to assist with breast cancer research. The morning teas soon became so popular that a bigger venue was required and in 2005 the event was moved to Woonona Surf Lifesaving Club.

**2021 was the biggest morning tea yet and raised \$5,311, all of which was donated to CCL. From the proceeds a syringe driver for Community Health and three mattresses for the Palliative Care Equipment Loan Pool have been purchased.**

Ann Johnson has been donating the profits from her Morning Tea to CCL since 2010. Since 2015 alone Ann has donated \$27,187, all of which has been spent in the Illawarra.

***CCL is forever grateful to Ann for choosing CCL as the recipient of her donations.***

**TAMARA'S BIG MORNING TEA**

WHERE: WOODHOGA HILL R.S.I. CLUB

WHEN: TUESDAY 4<sup>th</sup> MAY 2010

TIME: FROM 10.00AM

COKE: \$5.00 INCLUDES MORNING TEA AND LUCKY DRAW PRIZES

COME AND JOIN IN THERE WILL BE HAND MADE CRAFT STALLS INCLUDING PICKLES & SAUCES. GREAT GIFT IDEAS FOR MOTHER'S DAY AND BABY'S GOODS. CHILDREN MOST WELCOME.

ALL MONEY RAISED WILL BE KEPT IN THE ILLAWARRA TO SUPPORT CANCER PATIENTS

Community Cancer Link  
Locals Supporting Locals

### New equipment a win for hospital patients

By NATHAN SIMPSON

It's a win-win situation for a group of medical professionals and their patients. The donation was a joint effort between the hospital's staff and the Illawarra Community Cancer Link group, which contributed \$20,000.

The group, previously known as the Illawarra Medical Auxiliary Care Unit, donated \$20,000 for equipment to the hospital's Medical Auxiliary Care Unit. "We support work in the hospital that have many cancer patients," he said. "These words don't even begin to describe the support we receive from our patients."

Illawarra Community Cancer Link president John Morris and a volunteer supporter cancer patients in the Illawarra region.



COMMUNITY CANCER LINK INC.

"Locals Helping Locals"  
ABN 22 500 452 214  
CFN 20971

Mission Statement:  
Community Cancer Link Inc. aims to provide support within the Illawarra region, for patients, their families, relevant health professionals and other related organisations dealing with the impact of cancer.

**PRESIDENTS REPORT**

A very pleasant "Thank you afternoon tea" was provided by Narelle Walton and her staff in Ward C4. Our members who attended were given an interesting tour of the ward and were able to see our donated equipment in use. One of our members (Noela) was particularly impressed with the extremely comfortable patient chairs that we had provided (see photos below). The afternoon was also attended by Ann Johnson a some of her fundraising helpers. Ann's group donated \$5000 towards the four chairs that were purchased.

Other Community Cancer Link Activities Include:  
• Craft Groups, meet regularly at Bellambi Surf Club.

getting something nibbly

Wonderful food

Tartare roses

## NSW Ports Community Care Grants Program

NSW Ports is responsible for managing Australia's key trade gateways at Port Botany and Port Kembla and two intermodal hubs at Enfield and Cooks River, which as essential services, operate around the clock to import goods to support the lives and livelihoods of the people and businesses of New South Wales and to export goods to international markets. NSW Ports are proud to be a local employer, supporting over 30,000 jobs. By taking a long-term and sustainable approach to operations, they are committed to meeting the state's growing freight needs as well as supporting the environment and communities in which they operate and work.

The NSW Ports Community Care Grants Program delivers one-off payments of up to \$10,000 to support local projects, services and initiatives that foster community participation, enhance wellbeing, create opportunities for education or deliver environmental benefits for the communities living in close proximity to their assets at Port Botany, Enfield, Cooks River and Port Kembla.

The grant is open to registered not-for-profit organisations, community groups and, in certain circumstances, individuals who have a clear vision and goal to deliver worthy grass roots projects that create positive outcomes for the community in the areas of Education; Community Wellbeing; Community Participation; and the Environment.

Ray Tolhurst prepared a submission on behalf of CCL and at the end of June CCL was notified of the successful submission and the grant of **\$8,580.00**.

*This will be matched dollar for dollar by CCL enabling the purchase of eight syringe drivers for Community Health. These syringe drivers will make a significant difference to the lives of people with cancer who are in their home environment*